



REST AT NOMI.

WELLNESS TREATMENTS

Rebalance and restore your body and mind.

Book an hour session in advance and revitalize your external sense of well-being.

Each treatment is as unique as your needs so your body, mind and spirit can all be brought into perfect harmony.

RELAXATION MASSAGE

\$125

This treatment uses medium to strong localized movements to target deep muscle tension. This truly soothing experience uses aromatherapy oil that blends gently into the skin to eliminate tension and promote the feeling of wellbeing.

HOT STONE MASSAGE

\$135

This soothing massage uses the healing properties of warm basalt stones and essential oils to stimulate the flow of energy and release physical stress. This method encourages blood flow throughout the body, restoring energy and vitality.

PEPPERMINT SCALP & FOOT MASSAGE

\$65 / 30 min

Boost the healing powers of peppermint oil.

Soothes dry skin while boosting your mood. Enjoy the aromatics. Relaxation and beatifying at its finest.

REFLEXOLOGY

\$125

This unique treatment applies acupressure to the reflexes on the soles of the feet, releasing tension, reducing fatigue and restoring physical balance to the entire body.

INFRARED SAUNA

\$20 / per individual 60 min

Infrared Ray Energy is known to promote detoxification, relaxation, ease muscular aches and pains, assists with weight loss, improves circulation and purifies the skin. Improve the quality of your health experience by beginning or completing your treatments with a warm Infra-red Sauna treatment.

AROMATHERAPY PILLOW

\$10

Sit, relax, read or rest and unwind with an aromatherapy pillow and enjoy the benefits of essential oils.

Massage treatments are one hour in length. All wellness RMT's are licensed top practitioners. Invoices can be submitted for your health benefits plan.

